

Life meeting Life, Practice makes the master & Open heart

LILOU: Hello, my beautiful angel.

DON MIGUEL RUIZ: Hello, sweetheart.

LILOU: It is so good to spend this moment with you, Don Miguel, in California.

DON MIGUEL RUIZ: Well, it's so nice to be with you. You're so lovely.

LILOU: You got such a beautiful heart. This man, man of the heart. And you wrote many books, the Fourth Agreement, The Fifth Agreement, Mastery of Love, and today we are on Valentine's Day, spending this lovely time together.

DON MIGUEL RUIZ: Isn't that great?

LILOU: [Laughs]

DON MIGUEL RUIZ: [Laughs]

LILOU: Celebrating love with you is fantastic.

DON MIGUEL RUIZ: Well, this is extremely easy because this is what we are.

LILOU: Yes. And we forgot that we are love before anything else, didn't we?

DON MIGUEL RUIZ: I don't think so.

LILOU: No?

DON MIGUEL RUIZ: No, I don't think so, we just introduced fear and we have become so afraid to express what we really are.

LILOU: Yes, we're afraid, yes.

DON MIGUEL RUIZ: Yes. It's just fear but

LILOU: No.

DON MIGUEL RUIZ: We love, we was born to love and this is our destiny, this is what we are. This is how we create everything.

LILOU: So what do we choose to create?

DON MIGUEL RUIZ: Well, more and more love, we are a factory of love.

LILOU: Yes.

DON MIGUEL RUIZ: You know, we all are factory of love. We just are not aware of that. We don't need love. We are love. And it's just about doing what we are, that's all. We don't need to pretend, we just are.

LILOU: So it's letting go of the conditioning, you're saying, it's letting go of some of the things that maybe we were domesticated into?

DON MIGUEL RUIZ: Well, it's about to do what you love to do.

LILOU: Yes.

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DON MIGUEL RUIZ: You know, we can say that we are drive by desire. Desire is neither good or bad or right or wrong. It's in our program. Like a child desire an ice cream, he want an ice cream.

LILOU: [Laughs] Yes.

DON MIGUEL RUIZ: He may get it or not but it want an ice cream.

LILOU: Uh-huh.

DON MIGUEL RUIZ: Thank you. [The attention go] to another saying he want something else. Well, we are humans have desire. Then desire can go into different directions. It can becomes an obsession or go into passion.

LILOU: Mm-hmm.

DON MIGUEL RUIZ: Then if go into passion, you are very lucky because you love to do what you do.

LILOU: Mm-hmm.

DON MIGUEL RUIZ: And by going into passion, you can get inspiration.

LILOU: Mm-hmm.

DON MIGUEL RUIZ: A true inspiration, you can become what you really are which is love.

LILOU: Hmm.

DON MIGUEL RUIZ: And like I was telling you a little before, today we can celebrate the love of our life, which is to love of our self because this what is we're missing. I was conceived in evil with me until I left the body, but for now, this body is my home. And thank to that home, thank to this body, I can share everything wherever I go. I can speak to you. I can show you my love, my disappointment, whatever, and I can understand you, and I can understand everything. Then this body is made in order to perceive and in order to give is an exchange all the time.

Then as a factor of love, we can love everything if that's our decision and we can perceive for love on whatever we go.

LILOU: Yeah.

DON MIGUEL RUIZ: What is very interesting is that let's see, with when one make you happy really is love coming out of you. If people love you or not love you. It is a secondary, but love can be out of what really make you happy. And not because you love that way, you have to expect that everybody love you the same way. Now, they don't need to love you. You don't need that love, because you are love. And the problem is that many people around the world searching for love, begging for love, because they believe that they don't have love. And they tell everybody all you need is love. Well, it's not true. It's beautiful but it's not true.

LILOU: Hmm.

DON MIGUEL RUIZ: You know, it's so romantic just to be what you are because you see romance in everything.

LILOU: And make love to life. I love when you say that.

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DON MIGUEL RUIZ: Hmm. Yes. We can say that the whole planet earth is the greatest school and it is completely unknown. Then we incarnate, we come in a physical body, and you start going to that, this school. And we learn in that school. We learn through experience, through practice.

LILOU: Yeah.

DON MIGUEL RUIZ: Practice make the master. Then who is your master? Life...

LILOU: Life. Yeah. [Laughs]

DON MIGUEL RUIZ: ...is our master because life create all the events that are happening all around us. Like what's inside all the people, and speak through that people, and think to that people. Then life is the real master in that school, that is the planet earth. And who's the apprentice, life also.

LILOU: Hmm.

DON MIGUEL RUIZ: Life inside you. The one who move your physical body, the one to perceive through your body, in the one, they have action, reaction with all the events that happen around you. Then is life looking for life in both directions until the moment comes that life meet life and anything else is important anymore. Everything becomes irrelevant, it's not that important anymore.

LILOU: Mm-hmm. And then we're in awakened dream.

DON MIGUEL RUIZ: We are dreaming all the time.

LILOU: All the time?

DON MIGUEL RUIZ: Like right now.

LILOU: Yeah.

DON MIGUEL RUIZ: This is a beautiful dream.

LILOU: It is.

DON MIGUEL RUIZ: A beautiful, beautiful dream.

LILOU: Hmm. Where can we take this conversation now, because when you get to the core of the core, it's just the place where silence is present, and you just want to feel it, then no words can really be there, can it?

DON MIGUEL RUIZ: There's no more words, because we create the words, we create the language that we speak.

LILOU: Mm-hmm.

DON MIGUEL RUIZ: We agree with everybody, and that's why we understand everybody around us. But if you notice, if you go Japan tomorrow, you will not understand what they say. If you go into streets, you will not understand all those graphics in the street.

LILOU: [Laughs]

DON MIGUEL RUIZ: But millions of them, they agree in the meaning of every sound, and the meaning of all those letters, and they can understand whoever learned the Japanese. It's the result of millions of them agree with the meaning of every symbol. In order for you to understand Japanese, either someone have

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to translate it to you, but you're not sure exactly if it's truth or not what they're translating or you can learn Japanese.

LILOU: Mm-hmm.

DON MIGUEL RUIZ: By learning Japanese you agree with all of them, and then you learn Japanese, but not just Japanese, you learn also their culture, what they believe, their religion, and you will find out something extremely interesting will be completely different than what you learned in your country.

LILOU: Hmm. It opens up a new dimension. Language is limiting then, no?

DON MIGUEL RUIZ: Exactly, that is the point. It's limiting, and it's shifting, it's distorted.

LILOU: Mm-hmm.

DON MIGUEL RUIZ: Then what they believe is true for them, and what you believe is true for you.

LILOU: Hmm.

DON MIGUEL RUIZ: But it's a clash of cultures. A clash of societies. A clash of beliefs. A clash of religions. And it's just because we have different beliefs, what take you to the conclusion that none of that is truth. Neither the Japanese one, not the French one, not the German one, not the English one, the Spanish one is completely different, but without all those language, still this is the truth and doesn't need a language, because we can understand each other very well.

LILOU: So would you say that the new language needs to be invented or just it's time for us to live in a new way and to release all those, everything that was there in the past to see something new.

DON MIGUEL RUIZ: Well, it's always there.

LILOU: Mm-hmm.

DON MIGUEL RUIZ: You know, it's been there before the creation of humanity and will still there after the extinction of humanity, then it doesn't need that humanity believing it. It just exists, and I call it life. And I call it love.

LILOU: Yeah.

DON MIGUEL RUIZ: And it comes like a joy, happiness. You name it, it can come in many different ways.

LILOU: Yeah, beautiful. It's so beautiful to spend this moment with you. Thank you so much.

DON MIGUEL RUIZ: My love, you're very welcome.

LILOU: Thank you. And I know that you have a new heart now. And even though if it's a 20-year old new heart that you have, you're vibrant as ever, and your love and is the present. Even though with this new heart, the love doesn't change, even deepened, hasn't it?

DON MIGUEL RUIZ: Well, it never change, because I've been like that for maybe more than three years.

LILOU: Yeah.

DON MIGUEL RUIZ: Long time ago, that I don't even remember how that happened or when that happened. Well, I remember how that happened, but not when. It's just in a big moment of inspiration.

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LILOU: Yeah.

DON MIGUEL RUIZ: Yeah. When I just understood without words. I just knew. I knew that it's only one living being.

LILOU: Yeah.

DON MIGUEL RUIZ: I look all the stars. And I knew the stars are looking at me too.

LILOU: Hmm.

DON MIGUEL RUIZ: Then I see what moves the stars. And this is exactly the same thing that moves my body. Then we are the same force.

LILOU: Mm-hmm.

DON MIGUEL RUIZ: We're exactly the same. There's no difference between you and I.

LILOU: Yeah. And we're not just this body, we're not just this heart, but there's definitely a force that is going through our body, and there's a soul.

DON MIGUEL RUIZ: This is what you are, that force, and that force live in that body, and that body really is the love of your life.

LILOU: Mm-hmm.

DON MIGUEL RUIZ: Because when you was incarnate, you incarnate in this body.

LILOU: Yeah.

DON MIGUEL RUIZ: And when this body die, you just go out. And you just let go the body.

LILOU: And you are okay to let it go, if possibly, that was the way it would go during the operation, before your transplant.

DON MIGUEL RUIZ: Long ago I've been ready to what any moment. But I'm programmed to survive.

LILOU: [Laughs]

DON MIGUEL RUIZ: Well, this is my program then my program will live, until the last moment, until the body cannot keep me anymore for whatever reason.

LILOU: Hmm. Well, I love you so much. And it's so good to...

DON MIGUEL RUIZ: Happy Valentine, my love.

LILOU: [Laughs]

DON MIGUEL RUIZ: [Laughs]

LILOU: Awesome. So juicy.

DON MIGUEL RUIZ: Sweetheart.

LILOU: Juicy. Thank you, Don Miguel.

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DON MIGUEL RUIZ: You are very welcome.

LILOU: Beautiful to see you here, in your homeland, well on, in California, where you live. Thank you. Beautiful. Thanks.

DON MIGUEL RUIZ: Give all my love to whoever are watching us.

LILOU: Yes. Yes.

DON MIGUEL RUIZ: This is the way. Whatever is their way, it's the same, but different language.

LILOU: The time is now.

DON MIGUEL RUIZ: Yes. Exactly.

LILOU: Yeah.